The Pointer

2024 March Newsletter

www.collingwoodpointe.com

CWP4528@gmail.com



Community Meeting February 28 Recap

John Welcome, President, introduced the other Board members including Board Secretary Edye Buchanan, Board Treasurer Harold Fisher, Greg Talbott, and Kay Fenn, shown in this photo. Jeri Figliola was unable to be at the meeting.

John announced that **Kathy Gilkey** is our new Social Committee Chairperson in 2024. He thanked Kay Fenn for her many years of leading the Social Committee sponsored events, parties, and dinners. Stay tuned for Kentucky Derby Party details for May 4.



Nancy Starkloff has given up her position as the Chair of Joys and Concerns and John thanked her for the many years of service. Joan Poeppelman has taken over as the Joys and Concerns Chair. Joan is just getting up to speed on her duties and she has worked with Nancy to learn about the position.

Gayle Hayes welcomed our new resident, **Linda Wilson**, **4680 Wenham Park**, who was present. She purchased the condominium previously owned by the Esselsteins. She was originally from Gahanna and had moved to Tennessee and is now back to her home stomping grounds. She spent her career years working for Columbia Gas.

John specifically asked for volunteers to contact him to help cover some areas that are open and don't involve too much commitment of time. See the Community Volunteers Article on Page 10 for details.

The Board Treasurer, Harold Fisher, reviewed our financial results. A detailed financial report was sent out to the community prior to the meeting. If you didn't see it and want to see more about our financial status, the report will be posted on our website under the Financials tab.

We plan on going out to bid this year as our current landscape provider's contract expires at year end. Several bids were obtained last year, and they were much higher than we paid in the past. Stay tuned.

John mentioned that Hedge Landscaping, our current company, will be able to get a jump on spring cleanup and bed edging given the warmer weather we are having. Questions were raised about when shrubs that were removed last fall (due to being disease infested) will be replaced. There is a nationwide problem that is affecting the boxwood variety we have been planting. The Board and Rick are looking into our options but the best time to plant new trees and shrubs is the Fall so that is what we will do.

Next Bingo Event – March 13 at 7:00 pm at the clubhouse

Carol Hamilton will be the host for this evening of fun, and she will have help from **Deanna Sayre and Sally Zuccaro** handling the bingo cards distribution & money. The Bingo caller for the evening is **Donna Welcome**. We thank **Gregg Gilkey and Dave Poeppelman** for being bingo callers for our past events including Valentine's Day.

We thank all those who provided snacks including the delicious veggie pizza that Carol Hamilton provided Feb 14. Her easy to make recipe is included in the newsletter and feeds a good size crowd. The cost for bingo cards is 5 cards for \$1 or \$.25 per card. The money that is paid for the bingo cards, per game, is then disbursed among all those winners that played. Generally, the evening of play is 5 different bingo games.









Carol Hamilton won the biggest prize in both January and February with COVERALL of all squares. We nominated her to be the host of the next event and she gladly stepped up to help.

You are welcome to bring a guest or two, the more the merrier, and the bigger the prize **pot of gold (money) that the St. Patty's Day leprechaun** will be standing guard over. Be sure to let invited guests know of our <u>No Smoking in the Clubhouse</u> policy, since many Bingo halls allow this.

All players are welcome to bring their own beverages and snacks, and we will again have snacks donated. If you would be willing to be a snack provider let Carol know. If you have food allergies or other special dietary needs, please BYO to be safe.



Carol Hamilton's Recipe for Chilled Veggie Pizza (feeds 10+)

Ingredients

2 pkgs Pillsbury crescent rolls

2 pkgs Cream cheese

1 pkg Hidden Valley "Blasted Ranch" dry dressing mix3-4 Tbsp Enough mayonnaise or sour cream to thin the cream

cheese to a spreadable consistency.

Instructions

- 1. Spread crescents rolls in bottom of sheet pan and bake according to package directions.
- 2. Allow to cool a bit (10-15 minutes)
- 3. Mix cream cheese, packaged ranch mix, and mayo in a bowl until smooth. Spread over cooled crescents.
- 4. Top with all your favorite veggies, olives, cheese, be sure to add a good color variation.
- 5. Chill until ready to serve. Leftovers will be good for a couple days.

Mexican Train Dominos on 3rd & 4th Fridays, 1 PM - Clubhouse

The photo of players here is **Ray and Nancy Starkloff, and Phyllis Davis**. They are willing to explain/teach new players the game and welcome anyone to stop by. They play from 1:00 pm to 4:00 pm.



MahJongg Fun at the clubhouse – Monday at 6:30 pm and Wednesday at 1:00pm

Please stop by on Wednesdays and these ladies would gladly welcome and teach anyone how the game is played. Contact Donna Welcome at 614-313-1147 for information.

Ladies Coffee meets Monthly on the 2nd Monday at 10:00 am in the Clubhouse Kathy Gilkey and the Social Committee provide snacks for these and do setup and clean up.

Texas Hold 'Em Poker meets Monthly on 3rd Wednesday at 1:00 pm -Clubhouse John Zuccaro has stepped up and will lead this activity.

Quilt of Valor group @ Clubhouse Tuesdays 9:00 - 11:00 am

The ladies at our condo community are again working on new Quilts of Valor and welcome anyone who wants to help or stop by to visit. We will show anyone who is interested how to do various steps. The group digs deep in their own pockets to fund the fabric, batting and thread to make these quilts for veterans. If you are willing to donate toward the supplies for veterans' quilts, email to kmstrohm@twc.com. The group can also use donations of used white sheets (100% cotton only please) to use as the backing for the quilts. They can work around any potential stains or tears in these sheets.

The ladies who are making Quilts of Valor plan to make an annual presentation of a Quilt of Valor to one Collingwood Pointe veteran each year. This will be close to Veterans Day (Nov 11) or at the December Holiday Party. Previous winners will not be eligible.

Book Club is at the clubhouse 3rd Tuesday of the month at 7:00 pm

This list shown here are all the books the club is reading in 2024. The host leading the book discussion usually brings some snacks (and often wine & water). Most books are available FREE at the local libraries by ordering a copy of the book, including getting electronic copies and Large Print copies. Libbey is an app that also has books available electronically or as audiobooks.

Host	Month	TITLE OF BOOK	AUTHOR
Kay Mullins	Jan 23	'Nada	Daniel Boyd
Nancy Kirkland	Feb 20	Slightly South of Simple	Kristy Woodson Harvey
Edye Buchanan	Mar 26	A Bad Day for Sunshine	Darynda Jones
Tina Edwards	Apr 16	The Sisters of Glass Ferry	Kim Michele Richardson
Sue Ferris Alice Hoover	May 21	Lessons in Chemistry	Bonnie Garmus
Carol Kline	June 18	The Vineyard at Painted Moon	Susan Mallery
Kathy Strohm	July 16	Beach Trip	Cathy Holton
Nancy Starkloff	Aug 20	Two for the Dough	Janet Evanovich
Dottie Harmon	Sep 17	Hotel at Corner of Bitter and Sweet	Jamie Ford
Donna Welcome	Oct 15	The Mother-In-Law	Sally Helpworth
Geri Shoemaker	Nov 19	Dear Edward	Ann Napolitano

CWP Book Club Hosts Author Dan Boyd



Former Collingwood Pointe resident and board member, Kay Mullins, left us in May of 2022, when she married Daniel Stumpf, an author who writes under the pseudonym, Daniel Boyd. Our Book Club discussed Dan's first novel, 'NADA, at the January meeting, before Dan stopped in for a lively question and answer



session. Dan's sharp wit and engaged storytelling were quite entertaining. Kay and Dan have donated his 5 paperback novels (see graphic below) to our library and are anxiously awaiting your book reviews to show up on Amazon, where the books are also for sale

'NADA (2010), was Dan's first book and was nominated for the Spur Award for Best First Novel by the Western Writers of America. The book was reprinted in 2023. As one reader put it, "The story blends Nazis, greed, mayhem and gold into a satisfying mix." Since 'NADA, Boyd has penned EASY DEATH (2014), THE DEVIL & STREAK WILSON (2020), AESOP'S TRAVELS (2023) and GONE TO GRAVEYARDS: A Streak Wilson Story (2023). He's currently writing the third book in *The Streak Wilson Series*. Boyd writes daily, including contributing book and movie reviews to MysteryFile.

As a graduate of The Ohio State University, Boyd switched majors from English to Communications because, "Having to read assigned books is like being told to eat my vegetables."

Dan was a member of the Gahanna Police Force for 25 years. After retiring as Chief of Police, he became a driver for the Red Cross, transporting elderly and disabled persons to medical appointments. He also began writing western, crime and adventure novels. He has been a fan of old movies since childhood. He is also a HAMLET scholar and has a unique hobby of making tobacco pipes, lamps and sculptures from found and upcycled objects.

Dan and Kay currently live in Blacklick. You can find more information about his books at

https://www.danielboydauthor.com/.



The Ohio Primary Election has moved to March 19!

Our Ohio Primary has been the 1st Tuesday in May in the past. Be sure to Vote on March 19! Early voting can be done at the Franklin County Board of Elections on Morse Rd. or by Absentee Ballot. Follow this link for the Ohio Secretary of State's office for more information on dates and times.

https://www.ohiosos.gov/elections/voters/current-voting-schedule/2024-schedule/

There is an urgent need for additional volunteers at Gahanna and New Albany polling locations. Help keep the voting process running smoothly by contacting the Franklin County Board of Elections Placement Division at (614) 525-3819 or by volunteering online at https://vote.franklincountyohio.gov. See page 11 for more information on what is required or contact Edye Buchanan or Kathy Strohm to hear their personal experiences.

Joys & Concerns

Please call or text **Joan Poeppelman** if you have any Joys or Concerns that we need to be aware of. We send cards or flowers for hospitalization, serious illness and/or a death. Joan's email is karendrive@yahoo.comand and cell phone is (937) 657-6494.



- Andy Godin (4652 Collingville Way) passed away and his funeral calling hours were held at Schoedinger, then a family mass and funeral followed. The family asked that in lieu of flowers a donation to a veteran's organization. Our condo association donated in his honor. A touching email was sent out to all in our community in recognition of Andy's many years of service to our condo community. He served on the Board, coordinated our Rumpke trash contract with Greg Talbott, volunteered on several projects, taught art drawing classes, organized veterans' recognition and flag ceremony events (with Greg), and played Texas Hold 'Em poker with the guys here. He will be sorely missed by us.
- Andy's wife <u>Fileen Godin (4652 Collingville Way)</u> is also in need of our prayers for her general health and strength and her grief of losing Andy after 72 years of marriage. Eilen is 91 years old and wants to continue living here in our condo community. Her children cover her care with meals and overnight assistance as needed. If you want to send a card of encouragement to her, please do. Her daughter also said she would like <u>afternoon only</u> visitors (keep visits short as needed). Eileen isn't always available to answer her cell phone, but you may find her daughter or son answering her phone and they can tell you about visits. She leaves her front door open on sunny days so that is a good indicator that she is home and available to talk.

- Nancy Starkloff (4541 Collingwood Pointe Place) was taken by ambulance to a local hospital. After hydration care, she was able to go home with her husband Ray the same day. Her email and address are in our directory if you want to call or send a note of encouragement.
- **Liz Meyer (4645 Wenham Park)** experienced a fall and stroke and had been hospitalized but she is now at home in her condo with her children caring for her around the clock. According to them, she can receive visitors but when you stop by the <u>family asks us to keep the visits short</u> as Liz tires easily. Cards of encouragement would be helpful as the best mode of communicating with them. Liz is limited, no phone calls now.
- Lynne Talbott (4662Wenham Park) also had an unexpected ambulance ride to the hospital on *Valentines Day!* She stayed for a week while they resolved some heart issues. She was released Feb 21 and is hoping to get her strength back up to normal so she can get out to play MahJongg with her condo friends. Greg and Lynne are good now but if you'd like to drop her a card, email, or call, her information is in our directory.

We often see Fire Trucks and Medics responding to various addresses and our condo Board leaders try to identify if there is anything that we can assist with. It is genuinely appreciated when neighbors look out for other neighbors and let the Board know when emergency assistance happens. We always try to respect their privacy to not discuss the situation.

Columbus Performing Arts Scene – Edye Buchanan

Ah, Spring! Flowers will soon be blooming and before long, we'll see postings for outdoor entertainment. March offers a lot of great shows by CAPA. For more information and other shows, see www.capa.com or www.capa.com or www.capa.com Don't forget, skip the TicketMaster fees when buy your CAPA tickets at the box office.

Shen Yun – March 5-6 – Ohio Theater - Shen Yun presents the spirit of the divine-land and culture tradition before communism. Shen Yun brings to life 5,000 years of Chinese civilization through classical Chinese dance and music in an exhilarating show you will never forget. The show moves quickly through regions, dynasties, and legends. Tickets start at \$84.

Go Now! The Music of the Moody Blues – March 9 – Ohio Theater – Relive the music of our youth. The music of The Moody Blues with drummer Gordy Marshall is the ultimate tribute with songs like Nights in White Satin, Tuesday Afternoon, Go Now, Isn't Life Strange and more! Tickets start at \$19.75.

Mamma Mia! – March 12-17 – Ohio Theater – Here we go again...with more Broadway in Columbus. Set on a Greek island paradise where the sun always shines, a tale of love, friendship, and identity is beautifully told through the timeless hits of ABBA. Tickets start at \$40.

Travis Tritt – March 14 – Palace Theater - Thirty years after Travis Tritt launched his music career, the Southern rock-influenced artist continues to sell-out shows and stay true and relevant to country music fans across the globe. Continuously performing shows and withholding a heavy appearance schedule, Tritt is proving to be unstoppable. Tickets start at \$51.

The Prom – March 14 – April 7– Short North Stage, Garden Theater – A girl growing up in a small town in Indiana just wanted the "normal" prom experience, but what she got was so much more. Welcome to the incredible true story of The Prom, a heartwarming and uplifting musical about the power of love, acceptance, and coming together as a community. Tickets start at \$55.24; "Pay what you want" for March 14 dress rehearsal.

BalletMet Asian Voices – March 15-23 – Riffe Center Theater – A combination of premier ballets by Yue Yin, Ma Cong, and BalletMet performers. Tickets start at \$36.50 (March 15, Senior Dress \$34.50)

Rachmaninoff Symphony No. 1, Sibelius Violin Concerto – March 22-23 – Ohio Theater – Join the Columbus Symphony for a program of Rachmaninoff, Mozart and Sibelius. Finnish American violinist Elina Vähälä makes her Columbus Symphony debut with one of her favorite works: Jean Sibelius' celebrated violin concerto. Tickets start at \$10, children 6-16 free.

Black Violin – March 24 – Ohio Theater – The Black Violin Experience Tour showcases the two-time Grammy nominated duo Black Violin, brought to life by Kev Marcus and Wil Baptiste, invoking a mystifying musical fusion of exquisite classical sounds and exhilarating hip-hop beats. Tickets start at \$25. (I highly recommend it!)

Buddy Guy – April 2 – Palace Theater – At age 86, Buddy Guy is a Rock & Roll Hall of Fame inductee and a living link to Chicago's halcyon days of electric blues. Buddy Guy has received 8 GRAMMY Awards, a 2015 Lifetime Achievement GRAMMY Award, 38 Blues Music Awards (the most any artist has received), the Billboard Magazine Century Award for distinguished artistic achievement, a Kennedy Center Honor, and the Presidential National Medal of Arts. Tickets start at \$44.

Beethoven, Mozart, & Haydn – April 5-6 – Ohio Theater – Haydn's Symphony No. 82 and Mozart's Symphony No. 31 share a connection to Paris. Haydn's is the first of the composer's six "Paris Symphonies," commissioned by a popular Parisian concert presenter. Mozart's symphony was written while the 22-year-old composer spent time in the City of Light and is nicknamed "Paris Symphony." Pianist Sara Davis Buechner performs Beethoven's delightful and virtuosic first piano concerto. Tickets start at \$10, children 6-16 free.

Clue – April 9-14 – Ohio Theater – Based on the cult 1985 Paramount movie and inspired by the classic Hasbro board game, Clue is the ultimate whodunit that will leave you dying of laughter and keep you guessing until the final twist. Tickets start at \$45.

Romeo & Juliet – April 26-28 – Ohio Theater – Dashing sword fights, ballroom grandeur, and a romantic balcony scene evoke the essence of Shakespeare's iconic play. Tickets start at \$38.50 (April 26, Senior Dress \$34.50)

Other shows in April and May – And All That Jazz, Ghosts: Do You Believe, Disney's The Hunchback of Notre Dame, Super Freak: The Rick James Story, Rhythm & Grooves, Tina-The Tina Turner Musical, 3rd Annual Motown Mother's Day Concert with The Spinners

Use these addresses if needed in Google Maps for directions.

Creekside Plaza - 151 Mill St, Gahanna, Oh 43230

Genoa Park - 303 W. Broad St. Columbus, OH 43215

Hinson Amphitheatre - 170 E. Dublin Granville Rd., New Albany, OH 43054

Lincoln Theater - 769 E. Long St., Columbus

McCoy Center - 100 E Dublin Granville Rd., New Albany, OH

Ohio Theater - 39 E. State St., Columbus

Palace Theater - 34 W. Broad St., Columbus

Riffe Center Theater – 77 S High St., Columbus

Short North Stage, Garden Theater – 1187 N. High St., Columbus

Southern Theater – 21 E Main St., Columbus

Westerville Amphitheatre - at Alum Creek North Park - 221 W Main St, Westerville, OH 43081

The Yard @ Easton Town Center (east of Nordstrom's & True Food Kitchen at 4052 Worth Ave,

Columbus, OH 43219

Community Volunteer Options

COLLINGWOOD POINTE – Our president **John Welcome** specifically identified these areas where he needs volunteers. Contact him at john.welcome@ymail.com.

- 1) Welcome/Message Board at the entrance. This entails updating information on the message board, once or twice a month, for about 15-30 minutes of your time. **Carol Hamilton** has volunteered to maintain the information on the Message board. Thanks, Carol, for helping out.
- 2) Someone to serve as the Area Development/Neighborhood Watch for our community. Someone who can follow/monitor several websites, such as Facebook, the Columbus Police Web Portal, the City of Gahanna and New Albany, for any pertinent information impacting our community or may be of interest to us. Attending informational meetings of local city government, such as Planning Commissions and City Councils meetings and reporting back to the Board.
- 3) A person to serve as a "Board Intern," attending the once-a-month Board meeting to become familiar with what the Board does, and hopefully to then be willing to consider serving on the Board after our June election. We have two current Board members whose terms will be over at the end of June.
- 4) A person to represent our condominium community with the Preserve Master Association that we all pay quarterly dues to. We are questioning the value of the Security Patrol they provide, the lack of maintenance of the white fence at Morse Rd and grass mowing from that fence to the street. Their office in New Albany is close by and there are meetings we could be attending to get up to speed on getting improved services for our money. **Jean Williamson** said she would be willing to talk to John to fill this role. Thanks, Jean, for stepping up.

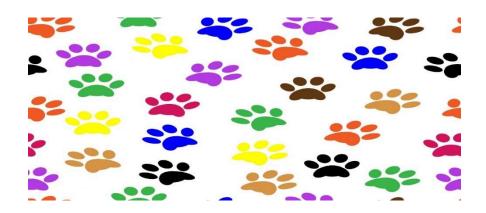
Greg Talbott and Rick Calhoun can always use volunteers in the Spring to do cleanup of our clubhouse areas, little projects that we can do for ourselves and save the association money for hiring other workers. Email the condo email address **CWP4528@gmail.com** and they will contact you.

Other Local Volunteer Options:

- 1. **Gahanna's food bank, GRIN**, and **the Community Garden** managed at the All-Saints Episcopal Church, (beside Temple Beth Shalom where we vote), are always in need of volunteers to work. Either of these are good volunteer options for those who have a passion for helping those who are "Food Insecure", meaning they just can't afford the necessary basics for feeding their families. Tasks for all levels of skill and difficulty can be accommodated (e.g. limited lifting) if you just explain your needs.
 - a. Call <u>GRIN</u> to volunteer or see their website to apply to be a volunteer. <u>Helping Children Who Are Hungry GRIN 4 GAHANNA</u>. Dottie Harmon has experience volunteering here so you can talk with her if you'd like to. They take donations, date check the food for expiration dates, organize these, and make them available to clients to shop from store like displays.
 - b. For the <u>Community Garden</u>, check out their website https://thegardenforall.org/#get-involved and indicate your interest and they will contact you. If you like gardening, this is a great volunteer opportunity to dig in the soil, get the fruit/vegetable beds prepared, seeds planted, help water and weed the gardens, and harvest the produce. Others help with packing and distribution of the produce that is grown. 100% of the food harvested goes to those in need. They also grow various flowers and offer floral arrangements they make for a donation over the summer months at New Albany's Market Day. Kathy Strohm has experience working here so you can talk with her if you'd like to know more.
- 2. **COLUMBUS ASSOCIATION FOR PERFORMING ARTS (CAPA)** Do you love <u>Music and the Arts</u>? Lots of volunteer opportunities abound and the bonus is you get in free to the events you work. If you'd like to hear more, contact <u>Edye Buchanan</u> who actively volunteers for these. Gahanna's Jazz & Blues Festival is a local event that utilizes volunteers.
- 3. **COLUMBUS PUBLIC LIBRARY** Do you love to <u>Read</u>? The Columbus Public Library branches at both Gahanna (the beautiful new building) and New Albany both utilize volunteers to help patrons and school children with reading. Check their website or call the specific library branch because the volunteer opportunities vary by location. Kathy Strohm has experience doing this so feel free to contact her if you'd like to hear about this.
- 4. FRANKLIN COUNTY BOARD OF ELECTIONS Do you feel passionate about our Elections in Columbus, Franklin County, Ohio and US and would be interested to see what is involved to work on election day? Several ladies in our community will be working Election Day at Temple Beth Shalom, (the polling place for Collingwood Pointe condos), and would share their experience doing this. Poll worker positions are paid hourly by the Ohio Secretary of State's office. Those who sign up are registered for a training class (approximately 2 hours) held at the Franklin County Board of Elections on Morse Rd about 10 minutes from our community. They are asked to do an online refresher class or sign up to take a "Practice Makes Perfect" review class just days before the election to answer any other questions and review instructions again. You will be assigned a polling location to work and will be required to work Monday evening from about 5:30-8:30 pm to set up the polling location to save time for Tuesday morning. On Tuesday, Election Day, the poll workers report at 5:30 am (BYO coffee) and work until after the polls close at 7:30 pm. Each poll worker gets a lunch break where you can go to your condo to eat, however most workers just pack a lunch, snacks, and drinks to get through this long day. Those who have worked at our polling location include Edye Buchanan,

Kathy Strohm, Jeri Figliola, Jean Williamson, and Carolyn Johnson. Call them to learn more about what it is like. If you work on Election Day, you are paid for that day's hours, plus Monday night setup, plus the training time hours. Most workers vote early at the Franklin County Board of Elections or vote by Absentee Ballot. If you are working at the polling location where you vote, you can vote when voting slows down.

There are so many opportunities, of all different skill levels, for those fully mobile and those who have some health restrictions, to volunteer out there and the rewards are great. Give it a try!



Pet Parade! The Outdoor Dog Walkers You See

By Kathy Strohm

I recently joined the early morning and evening dog walkers around our community. I have met and become better acquainted with several neighbors this way. I have been talking with them for Puppy Training advice and those with pets, especially Pat Reynolds, Nancy & Ray Starkloff, and Carolyn Johnson and her cute dog Simba, have all been very helpful with ideas to be a good pet owner.

This article starts **the Pet Parade monthly Pointer feature** off with a short biography of two residents and their pups. We will feature different pets from each street or area in our community in future months newsletters. If you would like to contribute and be interviewed for a future Pointer edition in the Pet Parade section, email to Kathy Strohm at kmstrohm@twc.com or text her at 740-816-2870. I would need you to send me a photo of you with your dog so we can start putting names to faces – both dogs and human faces.

Do we want to add a "CATWALK" feature to share residents and their cats to go with the dogs featured?

Introducing Pat Reynolds & her beagle Oden "aka Odie



Pat lives at 4583 Collingwood Pointe Place, adjacent to the tall grasses area on the west side of Collingwood Pointe Pl. She moved here in 2019. She chose to adopt a beagle named Oden, aka Odie. She adopted a 3-year-old dog rather than a puppy because it is extra effort to deal with puppy issues and rescue organizations find it harder to place older dogs in homes. There is a funny story – just 3 Days after Oden came to live with her, she went out to eat because Oden was asleep. When Pat arrived home, the blinds had been destroyed. (Pat's Note to self: Say goodbye to the dog and reassure him that you will be back – prior to leaving the house and yes, close all the inside doors also.

Thank you, Pat, for choosing **Adopt Not Shop** for a dog, and especially that you chose to adopt a larger, older pet which are harder for pet rescue organizations to find homes.

We also thank you for your active participation in the Social Committee helping organize our community events.

Nancy & Ray Starkloff & Yorkshire Terriers Daisey & Lilly

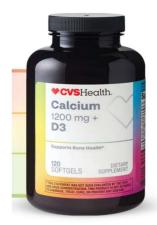
Nancy and Ray have lived in our community at **4541 Collingwood Pointe Place** for many years and you can daily see Ray walking their one Yorkie. Nancy shared that they estimate Lilly to be about 11 years old. Sweet Lilly was rescued by an organization that rescues dogs from puppy mills. She had no socialization skills at all when they got her. Dogs are kept in small cages and repeatedly bred to produce puppies to sell. When dogs can no longer do that, they are discarded.

They adopted Daisey from a hospice patient's son. He had MS and he couldn't care for her properly, and he wanted her to have a good home. He lived in an apartment and couldn't have pets. He came here to our condo and visited her after they adopted her. They feel so blessed to have these sweet dogs.

Lilly is not able to take extended walks, so she gets short walks near their

condo. Residents have seen Nancy pushing a small baby carriage with this dog in it while Ray has Daisey on the leash. These are tiny dogs, weighing less than 11 lbs., but they have a mighty bark to defend their condo and Ray & Nancy from visitors when you ring the doorbell. Thank you both for also choosing **Adopt Not Shop** for a dog, and especially for choosing to adopt a dog with special needs. Thank you both for your active participation in many community events including Ray serving as our Board President in the past.

Did You Know - Healthy Living Tips



Many of our residents, especially ladies, find they need additional Calcium & Vitamin D, to supplement their good multi-vitamin for 50+, to help with strengthening our aging bones. Did you know that when you look at your bottle of vitamin supplements, the front label for example says 1200 mg Calcium + D3. It is a large pill, and you automatically take just1. **Don't be fooled**, turn the bottle around and you may find that the back label says the daily dosage is 2 of those big pills! That bottle of 100 pills is only going to last for 50 days, not 100 days. Check each of your vitamin supplements, if you do take any, for the right number of pills. Nancy Starkloff, one

of our retired nurses here in our community, also said to be sure to read the labels of these vitamin supplements or Google for more information that might provide information that the supplement should be taken with a meal, taken by itself and not with other pills, etc.



Our Biggest Snowfall for 2024

We have been lucky here in our northeast Columbus area to only have a couple significant snows that required plowing and shoveling of our community streets and sidewalks. This is a big savings on our budget! Here's some pictures so our SnowBirds in Florida and Arizona can have a look. "March has come in like a lamb, so it could go out like a lion."





Wenham Park mailboxes

